Reproductive Health Clinic



Fall 2006

Oneida County Health Department

"Reproductive Health Clinic" - RHC

We changed our clinic name to more accurately reflect the services we provide at the Oneida County Health Department's lower level clinic. We still provide low-cost birth control, pap exams, pregnancy tests and also provide pre-conception (planning future pregnancies) counseling, pre-menopausal counseling for our women clients AND we do offer sexually transmitted infection (STD/STI) screening and treatment for both males & female clients. All services remain completely confidential and charges are on a sliding-fee scale (based on household income and family size) so they are very affordable.

STD & HIV screening:

Confidential or Anonymous HIV/AIDS counseling and testing is also available throughout the week.

Call 369-6116 for an appointment.

More **STD** information can be found on the web at:

WWW.ashastd.org

NURSE/COUNSELOR VISITS:

The nurse and counselor appointments are available at the Reproductive Health Clinic, (located in the Courthouse in Rhinelander), Monday through Friday from 8:00 am to noon and 1:00 pm to 4:30pm.

A nurse will be at the Minocqua Community Building for education, registration, injections, and pill pick-ups on the 2nd & 4th Wednesdays of each month AND in the FALL at **Nicolet College Rhinelander Campus**, on the 1st and 3rd Wednesday of each month in Room 211 in the University Transfer Center.

For an appointment call: (715) 369-6116.

ROUTINE EXAMS:

Routine pap and pelvic exams are scheduled on Monday & Tuesdays. Off-site exams are available at, Marshfield Clinic-Lakeland Center, Ministry Medical Group-Rhinelander & Woodruff.

Available Upstairs in the Health Department:

WISCONSIN WELL WOMAN PROGRAM: Women over 45 years of age may be eligible for free screenings like pap exams, mammograms, colposcopies through the Wisconsin Well-Women Program (WWWP). Contact the Health Department for registration or more information at 369-6111.

CHOLESTEROL SCREENING:

Cholesterol screening is available to anyone who doesn't have insurance for only \$25.00 each. Fasting Blood Sugar is available for \$5.00 You need to call **369-6111** for an appointment. They will then send you a questionnaire for you to complete <u>prior</u> to your lab test. You need to fast 12 hours before the test.



SMOKING CESSATION:

FREE Smoking cessation one-on-one counseling is available locally at Oneida Co. Health Department. The Wisconsin Tobacco Quit Line toll free number is:

1-800-784-8669. Zyban prescriptions are available from the Women's Clinic-Nurse Practitioner for a \$20.00 NP office visit. If you are interested in any of these programs, call Laura at 369-6115.

IMMUNIZATIONS:

MMR (Measles, Mumps, & Rubella) and Tetanus \$8.00 are available at the Health Department. One MMR booster is advised for teens and adults and a tetanus shot is due every 10 years. The Hepatitis B vaccination series is now available at no charge to individuals 19 years old and younger. CALL 369-6111 for immunization schedules.

In Case of an Emergency After Hours:

If you need to contact a health care provider for family planning problems after office hours, contact a local medical clinic. Ask to talk to an OB-GYN nurse. In Oneida County, contact St. Mary's Hospital at 361-2000, or Howard Young Medical Center at 356-8000. In Vilas county contact Eagle River hospital at 479-7411.

Emergency Contraception Or EC is available at the Health Department-Reproductive Health Clinic and is called "PLAN B". It is effective 72-120 hours (3-5 days) after unprotected intercourse. EC can be dispensed *presumptively* ...talk to the nurse if you would like to do this *before* problems happen.

Confidentiality

Required by State Statute, Section 253.07(3)(c)

<u>All</u> reproductive health services, including pregnancy testing, STD screening, and contraceptive care, are strictly *confidential*. No information can be released to anyone without your written consent. There are no age restrictions for you to receive these services.

Health Insurance Portability and Accountability Act or better known as HIPAA, are the National Standards for "transporting" your health information electronically. Congress recently passed this law to inform you of your rights and your control over the release of your medical information. Our computer system has met the privacy and security regulations according to HIPAA.



Check out: www.womenshealth.gov

New Food Pyramid info at: www.mypyramid.gov

Income

Family incomes can be re-negotiated at any office visit. Please let us know if your income status has changed. You can show proof of income with check stubs or with last year's tax return. Remember this is *total* household income. There will be a 1% finance charge added to overdue bills at the end of each month. Please pay your account in full within 30 days to avoid the finance charge. **Prompt Pay Discounts available!**

Pills & Evra Patches & NuvaRings

WALK-IN PILL, Patch or NuvaRing PICK UP:

If you pick up one pack at a time, it is easier to just ask to set up another pack at the time you pick them up. If you call in your order we request at least two working days to set them up. You can arrange to have someone else pick up your supplies if you cannot make it between 8:00am and 4:30pm.

SUPPLIES ARE TO BE PAID FOR AT THE TIME OF THE PICKUP for discount prices.

If you are due for a blood pressure check, you must schedule a nurse office visit. Call 369-6116

Check out: www.arhp.org for birth control information.

Clients with outstanding balances are limited to <u>one</u> package of supplies. BUT if you don't owe us money, you can purchase as many packs as your prescription allows.

Birth Control BY MAIL, FREE!!!:

To get birth control by mail, phone in your order or fill out a "Contraceptive Refills by Mail" form. These are available at the RHC Rhinelander office. Send the form, along with your payment to the office at least two weeks before you need your pills or patches

OR CALL: 715-369-6116 to place your order

WFP MA waiver or the Wisconsin

Family Planning Medicaid Waiver:

The state of Wisconsin received approval from the federal government to expand eligibility for family planning services for ALL women (15-44) who are uninsured, make less than \$18,130 per year and are at risk of an unplanned pregnancy by providing preventative health care services and supplies.

To find more information on the FP Waiver go to: www.psssst.org or www.dhfs.state.wi.us/medicaid

Presumptive Eligibility (PE) Applications for this waiver are also available through our office staff. Call Anne at 715-369-6142 to complete this short form.

Check out www.access.wisconsin.gov